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POST-IV SEDATION INSTRUCTIONS

Your child had IV sedation to complete his or her dental treatment today. He or she may sleep for thirty minutes or so after their dental treatment today. Once you are home they may sleep again as well. It is important that you do not leave your child unattended today. It will take several hours for him or her to return to normal.

Your child will be very uncoordinated for several hours. You will need to assist (carry) your child to your car today and make sure they are buckled in safely. Once at home, your child will not be able to go up or down stairs safely without your help. We recommend keeping your child away from stairs, bulky toys, bikes, trampolines, swimming, etc. today. Your child will think they are more coordinated and can do more things than they actually will be ready to do, so please watch them closely and keep them out of situations where they could get hurt.

Your child should also have a soft diet today. We recommend no hard or sticky foods. Many parents find that macaroni and cheese, applesauce, pudding, ice cream, soup, and/or a peanut butter and jelly sandwich are good choices.

You may give your child Children's Tylenol or Children's Motrin as the instructions on the bottle indicate.

Many times after sedation we recommend not brushing your child's teeth until the following morning. Most of the time we apply a thick-pudding like fluoride varnish to the teeth after the dental treatment is completed. This can help strengthen the teeth and prevent future dental problems. The fluoride will stay on the teeth through eating the rest of the day and will remain partly on at night as well. PLEASE resume brushing and flossing tomorrow morning. It is important to brush at least twice per day and to floss every night. We may also recommend a fluoride rinse.

If you have any questions, please do not hesitate to call our office. (316) 613-2077